

Rockford Area Support Groups

Support Group

ALPHA

Widows and Widowers Support Group
Sponsored by St. Anthony Medical Center Auxiliary.
Meets the last Saturday of each month – 6:00PM in
St. Anthony Medical Center Cafeteria

COPING WITH LOSS

Special bereavement program at holiday time
Call for information

DEALING WITH LOSS SHARE GROUP

For those dealing with the loss of an adult or child.

ELIZABETH MINISTRY

An outreach to women in special times of motherhood. The purpose of this ministry is to affirm, support, encourage and assist women in response to their needs during the childbearing years.

GRIEF SUPPORT GROUP

1st Thursday of every month at 7:00pm
Alpine Lutheran Church

GROUP HOPE

The Mental Health Association Rock River Valley, the three Hospitals, Janet Wattles Center of Rockford & Belvidere, Winnebago County Health Dept., many private counselors, Social workers, Ray of Hope Survivors Group, many interested residents and mood disorder veterans offer this community of support. www.grouphope.org and www.dbsalliance.org

HEART TO HEART

A support group for grieving parents of minor children, Sponsored by Rockford Health System, offers a way to help you cope with the death of your child. An 8 week session begins in September and January

Contact

Bob or Peggy – 815-633-1642
OR Lois – 815-633-9530

SwedishAmerican Hospital
Julie Flori/Elizabeth Voorrhies
815-489-4174

Alpine Lutheran Church – 815-399-5013
Jack or Nancy Wilcox – 815-398-8213

Mari Goral – 815-398-4284
OR Holy Family Church – 815-398-4280

Alpine Lutheran Church – 815-399-5013
Jack & Nancy Wilcox – 815-398-8213

Charles Smith – 815-398-9628

Stacy Zell-Weavel, or Marcia Stalter
@ Rockford Health System
815-971-5309

HEARTLAND HOSPICE

6885 Vistagreen Way
Rockford, IL 61107

For information please contact Danette.

Danette Bean
815-282-2279

HEALING HEARTS

A support group for parents who have experienced the loss of a child through ectopic pregnancy, miscarriage, stillbirth, or early infant death.

The Haven Network, 124 N. Water Street, Suite 030
Rockford, IL 61107

On the 3rd Monday of each month. 7:00 – 9:00 p.m.

The Haven Network
815-962-1512

HOLY FAMILY CHURCH BEREAVEMENT

Grief Recovery Program

2nd Sunday of each month, 2-4pm September thru April

2nd Wednesday of each month, 6:45-8:45pm May thru August

Karen Volkman – 815-877-3377
Judy Johnson – 815-397-9395

HOSPICE CARE OF AMERICA

Open ended grief group meets every Wednesday at 1:00p.m.

At Hospice Care of America, 483 N. Mulford, Rkfd.

No registration required

TEAR SOUP

Meets 4th Thursday of each month at Medina Nursing Home
in Durand at 6:30-8:30p.m. 402 S. Main St. Durand, IL

GRIEF SHARE

Christian base grief support groups offered in churches
throughout the area, please call Barb or check out the
website www.hospicecareofamerica.com to get times,
dates and locations. Registration is required.

Barb Martin – 815-316-2700

M.E.N.D.

Making Every New Day

2nd & 4th Wednesday of the month, 1:00 – 3:00 p.m.

St. Bernadette Church, In the Multi Center on Fulton Ave.

Josephine Benassi – 815-877-9341
OR Church – 815-968-0904

NEW HOPE

Support group for those who are suffering from the death
of a loved one. Six week session offered two times per
year, March & Sept. Call for information and registration.
Sponsored by St. Anthony Medical Auxiliary.

Rev. Dean Parker – 815-395-5358

NORTHERN ILLINOIS HOSPICE & GRIEF CENTER

815-398-0500

Support groups vary throughout the year, please call or check the website to get updated groups and times.

All groups are held at Northern Illinois Hospice and Grief Center, 4215 Newburg Road, Rockford, unless otherwise specified.

www.northernillinoishospice.org

PARENTS WHO HAVE LOST A CHILD

Barbara Hallstrom – 815-397-2224
Licensed Clinical Social Worker

Understanding about how loss & grief may be affecting your life; Options to make changes; Moving forward in healing your grief in your own time.

Meet 3rd Wednesday of Every Month (Begins, July 15) from 5:00-6:30pm at Behavioral medicine & Neuropsychological Associates, 6973 Redansa Drive, Rockford, IL 61108

www.bmnaonline.com

RAINBOWS

Judy – 815-398-4280

Assists children & adults thru grief when death or divorce occurs.

Meet Monday evenings for 6 weeks in the fall & 6 weeks in the winter at Holy Family Church

RAY OF HOPE – AFTER SUICIDE

Karon Pfile – 815-636-4750

Support Group for al survivors of suicide.
Meets on the 2nd & 4th Thursday of the month from 7 to 8:45pm at Gloria Dei Lutheran Church
4700 Augustana Drive, East Wing
Sponsored by Fred C. Olson Funeral Chapels

SAFE HARBOR

Karon Pfile – 815-636-4750

Support Group for Grieving Parents
3rd Wednesday of each month, 6:30 p.m.
Gloria Dei Lutheran Church
4700 Augustana Drive, East Wing
Sponsored by Fred C. Olson Funeral Chapels

SPRING CREEK UNITED CHURCH OF CHRIST

Karon Pfile – 815-636-4750

Retired Widow & Widower (over age 70) Support Group
Two groups each meeting every other Wednesday
10-11:30 AM

ST. PATRICK'S GRIEF MINISTRY

Pat Stroup – 815-964-5711

Meets 2nd Thursday of each month at 6:00pm
Parish Center at Church

THE HAVEN NETWORK, THE NORTHERN ILLINOIS
PERINATAL HOSPICE & BEREAVEMENT NETWORK

Perinatal hospice outreach for families
experiencing the death of their pre-born or newly
born baby.

124 N. Water Street, Suite 030
Rockford, IL 61107
www.thehavennetwork.org
info@thehavennetwork.org

Kathy Way – 815-962-1512

VISITING NURSES ASSOCIATION HOSPICE

Call for bereavement support for information

Contact: 815-971-3550

WIDOWED TOO SOON

Support group for Widows & Widowers under
the age of 65. Meets 1st & 3rd Tuesday of the month
from 7 to 8:30pm at Our Savior's Lutheran Church

Call for information.

Sponsored by Fred C. Olson Funeral Chapels

Karon Pfile – 815-636-4750

For additions or corrections, please contact Stacey Beck at Fitzgerald Funeral Home and Crematory, LTD.
1860 S. Mulford Road Rockford, IL 61108 Phone: (815) 226-2273 Fax: (815) 226-2274